

Breakfast served all day

The Businessman's
2 eggs, bacon, home fries & toast
\$6.85

Steph's Sampler
2 eggs, 2 hotcakes, bacon,
sausage & grits
\$8.85

Glier's German Greats
2 eggs, goetta, potato cakes,
baked apples & toast
\$8.85

Breakfast Sandwich
1 egg, cheese, & your choice of
ham, bacon, goetta or sausage
on toast, w/ choice of side
\$6.85

Marie's Metabolism Booster
2 egg whites with 1 omelet
filling, a side of grapefruit
& a cup of oatmeal
\$6.95

Kris's Healthy Start
Yogurt topped with crunchy granola,
surrounded by fresh fruit
\$5.95

Omelets \$8.85

served with 1 side (home fries, grits, fruit or potato cakes) and toast
*egg whites & Egg Beaters available at no extra charge

Create Your Own
pick 3: mushrooms, tomatoes,
onions, green peppers, broccoli,
spinach, bacon, sausage, ham,
goetta, American, Swiss, mozzarella,
cheddar, pepper jack, feta
or cream cheese
additional items \$.60 each

Hyde Parker
Mozzarella, spinach & tomatoes

Bonnie's Bounty
2 eggs, bacon, sausage,
home fries & a biscuit with gravy
\$8.85

Protein Platter
3 eggs with your choice of 2:
bacon, sausage, ham,
goetta or Canadian bacon
\$8.85

Eggs Benedict
Your choice of 4 different ways:
Traditional (with Canadian bacon),
Florentine (with spinach),
Echo style (with goetta) or
Bella Benedict (w/ portabella
mushroom & tomato),
w/choice of side
\$9

A Hot Mess
Layers of home fries, scrambled eggs,
bacon & sausage, smothered in
sausage gravy and cheese, with your
choice of toast
\$8.85

Hearty Healthy Oatmeal
with cinnamon apples & raisins
\$4.50

Western
American cheese, onions,
mushrooms, green peppers & ham,
with a side of salsa

Aztec
Sausage, green peppers, mushrooms,
onions & pepper jack, with
a side of sour cream & salsa

Greek
Our traditional omelet gone Greek, with feta
black olives, spinach, banana peppers, red
onions & tomatoes

Griddle Goodies

**Belgian Waffle, French Toast,
or 3 Hotcakes**
\$5.75

add bananas, strawberries, blueberries,
chocolate chips, pecans, baked apples,
blackberry or peach compote for \$1.25

Flying Pig Sandwich

Fat French toast stuffed with ham,
bacon & swiss, served with powdered
sugar, syrup and your choice
of breakfast side
\$7.50

Entrees

Biscuits & gravy: 2 biscuits & a bowl of homemade sausage gravy \$4.75
Toast white, wheat, rye or English muffin \$1.60

Cinnamon & sugar, raisin, homemade muffin, white or wheat bagel \$2.25

Cold cereal or plain oatmeal: \$3.50

add bananas, pecans, almonds, raisins or cranberries for \$.50 each

4 strips of bacon, sausage, goetta, ham or Canadian bacon: \$3.25

1 egg: \$1.50 **1 egg w/ toast:** \$2.75 **2 eggs w/ toast:** \$3.25

2 strips of bacon: \$1.95 **fresh fruit bowl:** \$3.95

Weekday Specials

Available Monday-Friday

Breakfast served 6 to 11am

Beginner Breakfast

1 egg, 2 slices of
bacon or sausage & toast
\$4.25

Carolyn's Combo

1 egg, 1/2 order of home fries
& toast
\$3.95

Griddle Breakfast

1/2 order French toast
or 1/2 of a waffle, with your
choice of bacon or sausage
\$5.25

Simple Breakfast

1 egg & 2 hotcakes
\$4.75

Lunch served 11am to 3pm

Cheeseburger & French fries: \$5.25

BBQ sandwich & cup of soup: \$5.95

Spinach or Greek salad & cup of soup: \$7.95

Half sandwich & cup of soup: \$4.95

Choose from:

Egg, tuna, ham or chicken salad
BLT

Roasted turkey or deli turkey
Baked ham or deli ham

*Add a cup of soup or side dish to any whole sandwich or salad for \$1.25.

**Sorry, no substitutions on lunch specials.

the Echo RESTAURANT

Sandwiches served with chips upon request

for \$1.95, make your sandwich a platter with French fries & cole slaw

Club: Turkey, bacon, lettuce, tomato & mayo on toasted bread \$7.50

Echo Grill: Baked ham, Swiss, tomato, lettuce & tartar sauce on a bun \$6.50

Grilled Reuben: Corned beef or turkey with Swiss, sauerkraut & thousand island \$6.75

BLT: \$5.75

BBQ Beef: Served with slaw \$5.75

Audrey's Turkey Burger: \$6.75

Baked/Fried Cod: With a side of homemade tartar sauce \$7.50

Egg Salad: Homemade & topped with lettuce \$4.25

Ham, Tuna or Chicken Salad: \$4.75

Tuna Melt: \$5.75

Black Bean Burger: \$6.95

Grilled Cheese: \$4.50 Add turkey, ham or bacon for \$1.50

Hot Open-Faced Sandwiches: Turkey or beef with mashed potatoes & gravy \$7.95

Cheeseburger: Topped with lettuce, tartar sauce & your choice of:

Swiss, American, pepperjack or cheddar \$5.25

Create a Sandwich: Choose hot or cold ham, hot or cold turkey, or roast beef \$5.25 double decker \$6.95

Bella Burger: A big portabella mushroom cap grilled to perfection, with mozzarella cheese, lettuce & tomato on a wheat bun \$6.95

Funky Chicken Sandwich: Chicken breast gone jazzy, with portabella mushroom, banana peppers & pepper jack cheese \$6.95

Salads

Dressings: homemade ranch, French, thousand island, bleu cheese, honey mustard, Caesar, oil & vinegar, Italian, fat-free raspberry vinaigrette, basil balsamic vinaigrette & feta vinaigrette

Echo Club

Your choice of turkey or grilled chicken, with bacon, onions, tomatoes, sliced egg & cheddar cheese \$8.75

Chili or Chicken Taco

Tortilla rounds, surround onions, cheddar cheese & tomatoes, served with salsa, sour cream & ranch \$8.75

Chicken Feta Chop

Grilled chicken, red onions, carrots, tomatoes, bacon & crumbled feta \$8.75

Sunburst

Grilled chicken strips on a bed of spinach, topped with pineapple, red onion, almonds, carrots & sliced egg \$8.75

Greek

A modern standard with feta, tomatoes, red onions, black olives & banana peppers, with our own feta vinaigrette \$5.75 add chicken or turkey for \$2

Chef

American & Swiss cheeses, ham, turkey, sliced egg, tomatoes & bacon \$8.75

Chicken Caesar

Red onions, mozzarella, tomatoes & grilled chicken \$8.75

Spinach

Bacon, mozzarella, onions, tomatoes & sliced egg \$6.75 add chicken or turkey for \$2

Echo Scoops

Three scoops of your choice of tuna salad, chicken salad, ham salad, egg salad or cottage cheese, in any combination, with tomato & pineapple slice \$8.75



Entrees available after 11am

served with 2 side dishes & your choice of bread

Baked or Fried Cod: \$9.75

Chicken Tenders: Served with a side of honey mustard \$9.75

Turkey Breast: With dressing, gravy & cranberries \$9.75

Roast Beef: Tender & slow roasted, served with au jus \$9.75

Kids' Menu

includes small drink (milk or juice \$1 extra)

Breakfast

choose any 2: 1 egg with toast, 1 plain or blueberry hotcake, 1 slice of French toast, 1/2 waffle, 1 piece of sausage or bacon \$3.95

Lunch/Dinner

(served with 1 side item) grilled cheese, hamburger, chicken tenders, PB&J, hot dog \$4.50

Sides a la carte sides are \$1.75

applesauce
tossed salad
cranberry sauce
Jello
fruit salad
homemade slaw
cottage cheese

mashed potatoes
French fries
onion rings
potato cakes
home fries
broccoli

Desserts

Our chocolate sauce & whipped cream are always made from scratch!
Homemade pie: selection varies daily \$3.75/slice
add a scoop to a slice \$.95
Custard or Tapioca pudding \$2.95

Soups

Vegetable & chili are available every day; ask your server for today's soups
Bowl: \$4.25 Cup: \$3.25

Beverages

free refills on all soft drinks, iced tea & coffee

Soft Drinks, Iced Tea & Lemonade:

Coke, Diet Coke, Caffeine Free Diet Coke, Pink Lemonade, Sprite, Root Beer \$1.95

Milk: Vitamin D, 2%, skim or chocolate

large: \$2.95 small: \$2.25

Hot Tea: regular or decaf \$1.95

Herbal Tea: we serve Tazo teas \$2.50

Coffee: \$1.95

Hot Chocolate: \$2.75

Juice: orange, grapefruit, tomato, cranberry or apple large: \$2.75 small: \$2.10

Shakes or Malts: chocolate, vanilla or strawberry \$3.95

Check menu insert for breakfast cocktails, beer, wine & liquor

*Smaller portioned salads are available for \$1.00.
*Consuming raw or undercooked meats, poultry, seafood or eggs may increase your risk of foodborne illness, especially if you have medical conditions.