

*the*

**Echo**  
**RESTAURANT**

# Breakfast

served all day

## The Businessman's

2 eggs, bacon, home fries & toast  
\$6.85

## Steph's Sampler

2 eggs, 2 hotcakes, bacon,  
sausage & grits  
\$8.85

## Glier's German Greats

2 eggs, goetta, potato cakes,  
baked apples & toast  
\$8.85

## Breakfast Sandwich

1 egg, cheese, & your choice of  
ham, bacon, goetta or sausage  
on toast, w/ choice of side  
\$6.85

## Marje's Metabolism Booster

2 egg whites with 1 omelet  
filling, a side of grapefruit  
& a cup of oatmeal  
\$6.95

## Kris's Healthy Start

Yogurt topped with crunchy granola,  
surrounded by fresh fruit  
\$5.95

## Bonnie's Bounty

2 eggs, bacon, sausage,  
home fries & a biscuit with gravy  
\$8.85

## Protein Platter

3 eggs with your choice of 2:  
bacon, sausage, ham,  
goetta or Canadian bacon  
\$8.85

## Eggs Benedict

Your choice of 4 different ways:  
Traditional (with Canadian bacon),  
Florentine (with spinach),  
Echo style (with goetta) or  
Bella Benedict (w/ portabella  
mushroom & tomato),  
w/choice of side  
\$9

## A Hot Mess

Layers of home fries, scrambled eggs,  
bacon & sausage, smothered in  
sausage gravy and cheese, with your  
choice of toast  
\$8.85

## Hearty Healthy Oatmeal

with cinnamon apples & raisins  
\$4.50

We've added some  
favorite seasonal  
items!

## Omelets \$8.85

served with 1 side (home fries, grits, fruit or potato cakes) and toast  
\*egg whites & Egg Beaters available at no extra charge

### Create Your Own

pick 3: mushrooms, tomatoes,  
onions, green peppers, broccoli,  
spinach, bacon, sausage, ham,  
goetta, American, Swiss, mozzarella,  
cheddar, pepper jack, feta  
or cream cheese  
additional items \$.60 each

### Hyde Parker

Mozzarella, spinach & tomatoes

### Western

American cheese, onions,  
mushrooms, green peppers & ham,  
with a side of salsa

### Aztec

Sausage, green peppers, mushrooms,  
onions & pepper jack, with  
a side of sour cream & salsa

### Greek

Our traditional omelet gone Greek, with feta,  
black olives, spinach, banana peppers, red  
onions & tomatoes

## Griddle Goodies

### Belgian Waffle, French Toast, or 3 Hotcakes

\$5.75

add bananas, strawberries, blueberries,  
chocolate chips, pecans, baked apples,  
blackberry or peach compote for \$1.25

### Flying Pig Sandwich

Fat French toast stuffed with ham,  
bacon & swiss, served with powdered  
sugar, syrup and your choice  
of breakfast side  
\$7.50

## Extras

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**Biscuits & gravy:** 2 biscuits & a bowl of homemade sausage gravy \$4.75

**Toast:** white, wheat, rye or English muffin \$1.60

cinnamon & sugar, raisin, homemade muffin, white or wheat bagel \$2.25

**Cold cereal or plain oatmeal:** \$3.50

add bananas, pecans, almonds, raisins or cranberries for \$.50 each

**4 strips of bacon, sausage, goetta, ham or Canadian bacon:** \$3.25

**1 egg:** \$1.50

**1 egg w/ toast:** \$2.75

**2 eggs w/ toast:** \$3.25

**2 strips of bacon:** \$1.95

**fresh fruit bowl:** \$3.95

Available Monday-Friday

## Weekday Specials

### Breakfast served 6 to 11am

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#### Beginner Breakfast

1 egg, 2 slices of  
bacon or sausage & toast  
\$4.25

#### Carolyn's Combo

1 egg, 1/2 order of home fries  
& toast  
\$3.95

#### Griddle Breakfast

1/2 order French toast  
or 1/2 of a waffle, with your  
choice of bacon or sausage  
\$5.25

#### Simple Breakfast

1 egg & 2 hotcakes  
\$4.75

### Lunch served 11am to 3pm

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**Cheeseburger & French fries:** \$5.25

**BBQ sandwich & cup of soup:** \$5.95

**Spinach or Greek salad & cup of soup:** \$7.95

**Half sandwich & cup of soup:** \$4.95

Choose from:

Egg, tuna, ham or chicken salad

BLT

Roasted turkey or deli turkey

Baked ham or deli ham

\*Add a cup of soup or side dish to any whole sandwich or salad for \$1.25.

\*\*Sorry, no substitutions on lunch specials.

# *Sandwiches* served with chips upon request

for \$1.95, make your sandwich a platter with French fries & cole slaw

**Club:** Turkey, bacon, lettuce, tomato & mayo on toasted bread \$7.50

**Echo Grill:** Baked ham, Swiss, tomato, lettuce & tartar sauce on a bun \$6.50

**Grilled Reuben:** Corned beef or turkey with Swiss, sauerkraut & thousand island \$6.75

**BLT:** \$5.75

**BBQ Beef:** Served with slaw \$5.75

**Audrey's Turkey Burger:** \$6.75

**Baked/Fried Cod:** With a side of homemade tartar sauce \$7.50

**Egg Salad:** Homemade & topped with lettuce \$4.25

**Ham, Tuna or Chicken Salad:** \$4.75

**Tuna Melt:** \$5.75

**Black Bean Burger:** \$6.95

**Grilled Cheese:** \$4.50 Add turkey, ham or bacon for \$1.50

**Hot Open-Faced Sandwiches:** Turkey or beef with mashed potatoes & gravy \$7.95

**Cheeseburger:** Topped with lettuce, tartar sauce & your choice of:

Swiss, American, pepperjack or cheddar \$5.25

**Create a Sandwich:** Choose hot or cold ham, hot or cold turkey, or roast beef \$5.25

double decker \$6.95

**Bella Burger:** A big portabella mushroom cap grilled to perfection, with mozzarella cheese, lettuce & tomato on a wheat bun \$6.95

**Funky Chicken Sandwich:** Chicken breast gone jazzy, with portabella mushroom, banana peppers & pepper jack cheese \$6.95



## *Salads*

**dressings:** homemade ranch, French, thousand island, bleu cheese, honey mustard, Caesar, oil & vinegar, Italian, fat-free raspberry vinaigrette, basil balsamic vinaigrette & feta vinaigrette

### **Echo Club**

Your choice of turkey or grilled chicken, with bacon, onions, tomatoes, sliced egg & cheddar cheese \$8.75

### **Chili or Chicken Taco**

Tortilla rounds, surround onions, cheddar cheese & tomatoes, served with salsa, sour cream & ranch \$8.75

### **Chicken Feta Chop**

Grilled chicken, red onions, carrots, tomatoes, bacon & crumbled feta \$8.75

### **Sunburst**

Grilled chicken strips on a bed of spinach, topped with pineapple, red onion, almonds, carrots & sliced egg \$8.75

### **Greek**

A modern standard with feta, tomatoes, red onions, black olives & banana peppers, with our own feta vinaigrette \$5.75  
add chicken or turkey for \$2

### **Chef**

American & Swiss cheeses, ham, turkey, sliced egg, tomatoes & bacon \$8.75

### **Chicken Caesar**

Red onions, mozzarella, tomatoes & grilled chicken \$8.75

### **Spinach**

Bacon, mozzarella, onions, tomatoes & sliced egg \$6.75  
add chicken or turkey for \$2

### **Echo Scoops**

Three scoops of your choice of tuna salad, chicken salad, ham salad, egg salad or cottage cheese, in any combination, with tomato & pineapple slice \$8.75

\*Smaller portioned salads are available for \$1 off.

\*\*Consuming raw or undercooked meats, poultry, seafood or eggs may increase your risk of foodborne illness, especially if you have medical conditions.

## *Entrees* available after 11am

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served with 2 side dishes & your choice of bread

**Baked or Fried Cod:** \$9.75

**Chicken Tenders:** Served with a side of honey mustard \$9.75

**Turkey Breast:** With dressing, gravy & cranberries \$9.75

**Roast Beef:** Tender & slow roasted, served with au jus \$9.75

## *Kids' Menu* includes small drink (milk or juice \$1 extra)

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### **Breakfast**

choose any 2: 1 egg with toast, 1 plain or blueberry hotcake, 1 slice of French toast, 1/2 waffle, 1 piece of sausage or bacon

\$3.95

### **Lunch/Dinner**

(served with 1 side item)

grilled cheese, hamburger, chicken tenders, PB&J, hot dog

\$4.50

## *Sides* a la carte sides are \$1.75

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applesauce  
tossed salad  
cranberry sauce  
Jello  
fruit salad  
homemade slaw  
cottage cheese

mashed potatoes  
French fries  
onion rings  
potato cakes  
home fries  
broccoli

## *Desserts*

Our chocolate sauce & whipped cream are always made from scratch!

Homemade pie: selection varies daily  
\$3.75/slice

add a scoop to a slice \$0.95

Custard or Tapioca pudding  
\$2.95

## *Soups*

Vegetable & chili are available every day; ask your server for today's soups

Bowl: \$4.25    Cup: \$3.25

## *Beverages* free refills on all soft drinks, iced tea & coffee

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### **Soft Drinks, Iced Tea & Lemonade:**

Coke, Diet Coke, Caffeine Free Diet Coke, Pink Lemonade, Sprite, Root Beer  
\$1.95

**Milk:** Vitamin D, 2%, skim or chocolate  
large: \$2.95    small: \$2.25

**Hot Tea:** regular or decaf  
\$1.95

**Herbal Tea:** we serve Tazo teas  
\$2.50

**Coffee:** \$1.95

**Hot Chocolate:** \$2.75

**Juice:** orange, grapefruit, tomato, cranberry or apple  
large: \$2.75    small: \$2.10

**Shakes or Malts:** chocolate, vanilla or strawberry  
\$3.95

Check menu insert for breakfast cocktails, beer, wine & liquor

*Thanks for dining with us!*

Gift Certificates Available

We will do our best to accommodate  
your special dietary needs. Ask  
your server for more details.

*the*

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RESTAURANT

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